

for women & men

NATURAL RUBBER SIZING CHART

ANKLE CIRCUMFERENCE	SMALL 7.5"–9" (19–23cm)				MEDIUM 9"–12" (23–30cm)				LARGE 12"–15.5" (30–40cm)				X-LARGE (CALF ONLY) 15.5"–18" (40–46cm)			
	AVERAGE	FULL	SHORT	LONG	AVERAGE	FULL	SHORT	LONG	AVERAGE	FULL	SHORT	LONG	AVERAGE	FULL	SHORT	LONG
CALF CIRCUMFERENCE	11"–15" (28–38cm)	≤17" (≤43cm)	12.5"–17" (32–43cm)	≤19" (≤48cm)	14.5"–19" (36–48cm)	≤22.5" (≤57cm)	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY
CALF CIRCUMFERENCE FOR 505—FULL ONLY	505C: FULL CALF ONLY	12.5"–17" (32–43cm)	505C: FULL CALF ONLY	14.5"–19" (36–48cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	18"–22.5" (45–57cm)	505C: FULL CALF ONLY	
CALF LENGTH	≤15.5" (40cm)	≤15.5" (40cm)	>15.5" (40cm)	>15.5" (40cm)	≤15.5" (40cm)	≤15.5" (40cm)	>15.5" (40cm)	>15.5" (40cm)	≤15.5" (40cm)	≤15.5" (40cm)	>15.5" (40cm)	>15.5" (40cm)	≤15.5" (40cm)	≤15.5" (40cm)	>15.5" (40cm)	>15.5" (40cm)
THIGH CIRCUMFERENCE	16"–21" (41–54cm)	≤24" (≤61cm)	19"–24" (48–61cm)	≤28" (≤71cm)	23"–28" (58–71cm)	≤32" (≤81cm)	505T: FULL THIGH ONLY	23"–28" (58–71cm)	505T: FULL THIGH ONLY	23"–28" (58–71cm)	505T: FULL THIGH ONLY	23"–28" (58–71cm)	505T: FULL THIGH ONLY	23"–28" (58–71cm)	505T: FULL THIGH ONLY	505C NOT AVAILABLE IN XL
THIGH CIRCUMFERENCE FOR 505—FULL ONLY	505T: FULL THIGH ONLY	≤24" (≤61cm)	505T: FULL THIGH ONLY	≤28" (≤71cm)	505T: FULL THIGH ONLY	≤32" (≤81cm)	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505T: FULL THIGH ONLY	505C NOT AVAILABLE IN XL
LEG LENGTH	≤28" (71cm)	≤28" (71cm)	>28" (71cm)	>28" (71cm)	≤28" (71cm)	≤28" (71cm)	>28" (71cm)	>28" (71cm)	≤28" (71cm)	≤28" (71cm)	>28" (71cm)	>28" (71cm)	≤28" (71cm)	≤28" (71cm)	>28" (71cm)	>28" (71cm)
SIZE	S1	S2	S3	S4	M1	M2	M3	M4	L1	L2	L3	L4	X1	X2	X3	X4

GUIDELINES FOR HIP CIRCUMFERENCES: SMALL AVERAGE <42" (<106.5cm), SMALL FULL <48" (<122cm), MEDIUM AVERAGE <48" (<122cm), MEDIUM FULL <54" (<137cm), LARGE AVERAGE <55" (<140cm), LARGE FULL <61" (<155cm)

CUSTOM SIZES AVAILABLE
PLEASE CONTACT CUSTOMER
CARE FOR DETAILS

Please follow these instructions carefully to determine the correct size for different product styles.

Measurements should always be taken in the following order, and *as soon as possible after waking when swelling is minimal*.

CALF STYLE Open/Closed Toe

1	Measure the ankle circumference at the narrowest part of the ankle, above the ankle bone. Use the appropriate series sizing chart to determine if ankle is SMALL, MEDIUM, LARGE or X-LARGE. Note: This should be your first measurement.
2	Measure the calf circumference at the fullest part of the calf.
3	Determine the calf length by measuring from the floor up to the bend of the knee. This measurement is taken on the outside of the calf.

PANTYHOSE AND THIGH-HIGH STYLE Open/Closed Toe

1	Measure the ankle circumference at the narrowest part of the ankle, above the ankle bone. Use the appropriate series sizing chart to determine if ankle is SMALL, MEDIUM or LARGE. Note: This should be your first measurement.
2	Measure the calf circumference at the fullest part of the calf.
3	Skip Step 3 (but refer to General Guidelines #6 below).
4	Measure the thigh at its widest circumference.
5	Determine the thigh length by measuring from the floor up to the gluteal fold.
6	Determine the hip circumference by measuring the widest part of the hip.



1 Ankle circumference at narrowest part of ankle



2 Calf circumference at fullest part of the calf



3 Calf length from the floor to the right-angle bend of the knee



4 Widest circumference of the thigh



5 Leg length from the floor up to the gluteal fold



6 Circumference at the hip

GENERAL GUIDELINES

1	Measurements should always be taken as soon as possible after waking when swelling is minimum.
2	Measure next to bare skin, not over clothing.
3	The measuring system is based on having the foot flat against the floor and the leg at a right angle to the foot.
4	Measurements should be taken by pulling the tape snugly around the leg, but without constriction.
5	Length measurements should be taken from the ground up.
6	Take all measurements, even if the patient only requires calf-length products, as the patient might decide at a later date to purchase additional styles.