

Size	Wrist (C)	Mid forearm (D)	Axilla (G)
1	14 - 18 cm	17 - 21 cm	22 - 31 cm
2	14 - 18 cm	17 - 21 cm	31 - 41 cm
3	14 - 18 cm	21 - 25 cm	25 - 34 cm
4	16 - 19 cm	21 - 25 cm	28 - 38 cm
5	17 - 20 cm	21 - 25 cm	34 - 43 cm
6	14 - 18 cm	25 - 29 cm	29 - 38 cm
7	17 - 20 cm	25 - 29 cm	33 - 43 cm
8	18 - 21 cm	25 - 29 cm	38 - 48 cm
9	16 - 19 cm	29 - 33 cm	32 - 42 cm
10	19 - 22 cm	29 - 33 cm	36 - 46 cm

## Even more improvement:

All sizes are available in 2 lengths:

**Regular** (up to 43cm)

**Long** (greater than 43cm)

