

Abdominal Binders Measurement Chart

| | SM/MD | LG/XL |
|-------|---------------------------|----------------------------|
| WAIST | 23-45 IN 58.5-114.5 CM | 45-62 IN 114.5-157.5 CM |

(If you are between sizes, you may prefer the larger size)

MEASURING INSTRUCTIONS:

Hold measuring tape against skin while measuring

Do not pull tape tightly against the skin

Do Not let measuring tape snag



← Measure Waist →

