

I N S T R U C T I O N S



Patient Slide

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HOW TO USE THE PATIENT SLIDE WHEN SLIDING AN INDIVIDUAL TO THE BACK OF A CHAIR

1. If using on a person sitting in a wheelchair or a transport chair, first initiate the brakes.

*NOTE: Not recommended for use on a non-locking, wheeled chair

2. Standing behind or to the side of the person needing assistance, slide the Patient slide under the legs so that one set of handles is on each side of the patient.



3. Move behind the individual and grab a handle in each hand, one from either side. There are three handles various arm lengths and situations.



4. While holding the handles, place one foot forward. This will aid in giving you leverage and aiding you in keeping your balance. Adjust the hands so that the appropriate handles are being held. When choosing appropriate handles, the back should be straight, the arms should be fully extended, and the Patient Slide should be taught up against the thighs of the individual.



5. To move the individual to the back of the chair, gently pull up on the Patient Slide. You do not need to lift the person from the seat of the chair, and at no time should you attempt this. The upward pulling is allow the Patient Slide to



slide over the top of the seat, and to decrease the friction between the Patient Slide and the chair. While pulling up, alternate between pulling towards you with your right and left arm until the individual is at the back of the chair with their back flush against the back rest.

6. When finished, the Patient Slide can either remain on the seat or be removed if necessary.

7. If the chair has an opening in the back, pull the patient slide first to the back of the person receiving care, and then out the opening. If this is not possible because there is no opening in the back and the Patient Slide cannot



be left on the chair, slide the Patient Slide to the back of the individual, lean them slightly forward, and remove the patient slide from between the person's back and the back of the chair.

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